

## Daily Time Alone with God

- **Confession:** Sin is the greatest roadblock to prayer; early in your prayer time, confess and ask for forgiveness - agree with God about your sin. (Psalm 139:23-24; 51:10-11; 1 John 1:9)
- **Praise:** Dwell on God's attributes. He is an awesome God! (Psalm 34:1-3; 63:3)
- **Waiting:** Quiet your mind and heart before God; focus on Him, being quiet in His presence. (Psalm 37:7; Isaiah 40:31)
- **Scripture:** As you open your Bible, ask God to bless you with concentration and understanding as you read His word. (2 Timothy 3:16; Psalm 19:7-8)
- **Intercession:** Develop a list of names of others to uphold in prayer. (1 Tim 2:1-2; Psalm. 2:8)
- **Petition:** Make a list of your own personal needs, and check them off as God answers prayer. (Matthew 7:7; James 4:2)
- **Thanksgiving:** Thank God for what He has done. We have so much to be grateful for! (Philippians 4:6; Psalm 100:4)
- **Singing:** Sing Scripture back to the Lord, or use your favorite hymnal or worship CD. (Psalm 100:2; Ephesians 5:19)
- **Meditation:** Actively ponder and digest a passage of Scripture or a character trait of God. (Joshua 1:8; Psalm 1:1-2)
- **Listening:** Ask God for specific direction concerning the day's activities. (1 Kings 19:11-12; Psalm 46:10)
- **Psalms:** Read a psalm, and pray back portions to the Lord. (Psalm 95:2; 147:1)
- **Praise:** You began your time with praise. What better way to end it? (Psalm 50:23; 150:1-2)